## Dietary Considerations and Allergies

## Complete and submit this form a minimum of 2 weeks in advance.

## Dear Guest Group Leadership,

Please note that Alpine Retreat and Camp is not a specialized dining facility. We cannot provide specialized meals for all guests. Guests with more than one allergy or dietary preference (for example, those who have both a gluten allergy and are vegetarian) may have to supplement their meals. While we try to be accommodating, we highly recommend that guests with any specific allergies or preferences bring supplemental meals or snacks and store in the dining hall to be accessed at dining times. At this time, we cannot fully accommodate moderate to severe allergies, vegans, multiple/combination allergies and preferences, while most of our products are nut free, some products may have been produced in factories that also process nuts.

| Camper Name | Vegetarian | Gluten <br> Free | Esg Allergy | Other |
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| Totals: |  |  |  |  |

Guest Group Leader: $\qquad$
Name of Guest Group: $\qquad$
I have informed my campers that they may need to bring supplemental foods if they meet the expectations above

